



MINDFUL THREADS COMPANY

KIT INSTRUCTIONS

Before you start

- Our kits are designed to be sewn using a half cross-stitch (see below).
- There is no need to separate the wool - use it as it comes.
- We recommend cutting each strand of wool into 18" lengths. Any longer and it may fray or get caught more easily.
- There is a colour key down the right-hand side of the canvas to help you match the threads to the shades on the canvas.
- We recommend using a wooden frame to complete your kit, as this helps keep the canvas in shape, and makes it easier to sew. We use Elbesee Easy Clip Frame - 21" x 12" available online from several retailers.
- If you decide not to use a frame, then you can bind the edges with 1" wide masking tape to prevent your thread from snagging, or any fraying of the canvas.

How to start and end a thread

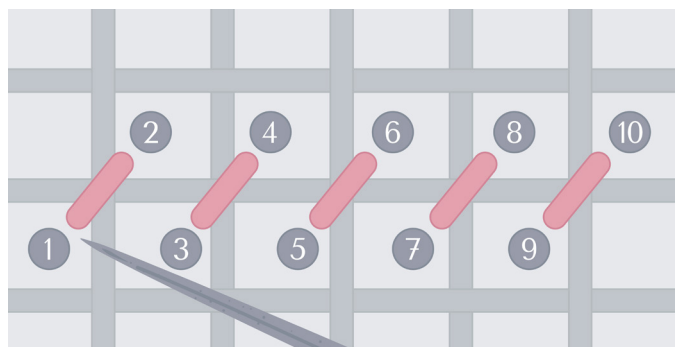
- For your very first stitch, tie a knot at the end of your first strand and sew through the canvas about 1" away from the edge of the main design.
- Then begin your first stitches.
- When you come to the end of a strand, turn the canvas over and gently guide the end of the strand (about 1") back through some of your completed stitches and cut off the loose end. (Do not knot the end of each strand as they can easily slip through the canvas, even after you have finished the piece, undoing all your hard work.)
- Get your next strand, guide it through the back of some completed stitches next to where you need to stitch, turn the canvas back over again and sew ... and repeat!

Please head to our website for more information and our 'How to' videos on getting started.

Please do share your kit creation with us on social media and do not hesitate to contact us if you have any questions:

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How to sew half cross-stitch



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